

Directory of Major Depressive Disorder Links and Related Web Sites

This directory is an expanded list of government agencies, voluntary associations, and private organizations that provide depression information and resources.

These organizations and related websites offer educational material and support to the general public and/or health care professionals.

Links to non-federal organizations are provided solely as a service to our users. Links do not constitute an endorsement of any organization by the Army Medical Department (AMEDD) or the Department of Defense (DoD) and none should be inferred. The AMEDD and the DoD is not responsible for the content of the individual organization's web page found via these web sites or their links.

Links checked and working as of April 2002.

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Government Sites

Agency for Healthcare Research and Quality (AHRQ)

www.ahrq.gov/

The Agency for Healthcare Research and Quality (AHRQ) provides evidence-based information on health care outcomes, quality, cost, use, and access. Information from AHRQ's research helps people make more informed decisions and improve the quality of health care services. AHRQ was formerly known as the Agency for Health Care Policy and Research.

Health Finder ®

www.healthfinder.gov

Reliable health information which Includes a library, medical dictionary, special health topics organized by age from kids to seniors, by race and ethnicity, for men and women, and for parents, caregivers, health professionals, and others. Also covers information about doctors, dentists, public clinics, hospitals, long term care, nursing homes, health insurance, prescriptions, health fraud, Medicare, Medicaid, and medical privacy.

MEDLINEplus

www.nlm.nih.gov/medlineplus

This site contains up-to-date, quality health care information from the National Library of Medicine at the National Institutes of Health, access to extensive information about specific diseases and conditions and links to consumer health information. Dictionaries, lists of hospitals and physicians, health information in Spanish and other languages, and clinical trials are also available.

National Guideline Clearinghouse

www.guideline.gov

This site is a public resource for evidence-based clinical practice guidelines. NGC is sponsored by the [Agency for Healthcare Research and Quality](http://www.ahrq.gov/) (formerly the Agency for Health Care Policy and Research) in partnership with the [American Medical Association](http://www.aamc.org/) and the [American Association of Health Plans](http://www.aahp.org/).

National Institute of Mental Health

www.nimh.nih.gov

The mission of the National Institute of Mental Health (NIMH) is to diminish the burden of mental illness through research. This public health mandate demands that we harness powerful scientific tools to achieve better understanding, treatment and, eventually prevention of mental illness.

Office of the Surgeon General

<http://www.surgeongeneral.gov/sqoffice.htm>

Many mental health topics listed here including children and adult mental health issues, mental retardation, mental health services, suicide prevention and more. The full (1999) Surgeon General's Report on Mental Health and the abbreviated Executive Summary is located at: <http://www.surgeongeneral.gov/library/mentalhealth/>.

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Partners in Information Access for Public Health Professionals

<http://nnlm.gov/partners/hp/>

The purpose of this site is to make information and [evidence-based strategies](#) related to the Healthy People 2010 objectives easier to find. The National Library of Medicine and the Public Health Foundation staff have worked together to develop pre-formulated search strategies for selected [Healthy People 2010](#) focus areas.

Substance Abuse and Mental Health Services Administration (SAMHSA)

www.samhsa.gov

A very comprehensive site that lists mental health services, addiction treatment, prevention, statistics and data, workplace resources, and more.

The National Women's Health Information Center

www.4women.gov

Good medical information specific to women. Includes numerous mental health topics.

U.S. Army Center for Health Promotion and Preventive Medicine (CHPPM)

<http://chppm-www.apgea.army.mil>

U.S. Army CHPPM's mission is to provide worldwide technical support for implementing preventive medicine, public health, and health promotion/wellness services into all aspects of America's Army and the Army Community anticipating and rapidly responding to operational needs and adaptable to a changing world environment.

U.S. Army Medical Command, Quality Management Directorate

www.cs.amedd.army.mil/Qmo

This is a DoD site with information on all VA/DoD clinical practice guidelines and other quality management initiatives in the Army Medical Department. Also has re-ordering information on clinical practice guideline tool kits. Lists Air Force, Navy and VA POC's for tool kit orders.

U.S. Army Psychiatry

www.armymentalhealth.com

A website specific to the Army psychiatrist but contains useful information for all interested in mental health care providers. An excellent source of Army psychiatry information.

U.S. Department of Defense PharmacoEconomic Center

www.pec.ha.osd.mil

The Department of Defense (DoD) PharmacoEconomic (PEC) Center is a customer oriented Center of Excellence implementing recognized state of the art pharmacoeconomic analysis for the purpose of improving readiness by increasing value, quality, and access to medical care and pharmacotherapy within the available resources of the Military Health System. The PEC works with the VA/DoD Clinical Practice Guideline Workgroup to formulate the drug therapy components of clinical practice guidelines and associated metrics. The PEC UPDATE is a newsletter published by the PEC to disseminate pertinent information on pharmacoeconomic or pharmacotherapeutic issues relevant to the Military Health System.

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Veterans' Health Affairs, Office of Quality and Performance

www.oqp.med.va.gov/cpg/cpg.htm

Implementation of evidence-based clinical practice guidelines is one strategy VA has embraced to improve care by reducing variation in practice and systematizing “best practices”. Guidelines, as generic tools to improve the processes of care for patient cohorts, serve to reduce errors, and provide consistent quality of care and utilization of resources throughout the system. The following guidelines are those endorsed by VA's National Clinical Practice Guidelines Council.

Professional and Private Organization Sites

American Academy of Family Physicians

<http://aafp.org>

News of interest to all primary care providers. Open and member-only areas.

American Association for Geriatric Psychiatry

www.aagpgpa.org

This site contains Information & resources to help physicians and AAGP affiliates improve the quality of life for older people with mental disorders. News, facts, tools and expert information for adults coping with mental health issues & aging, materials for the medical community and other professionals with an interest in geriatric mental health and an online catalog of AAGP news, events, and background information for reporters, editors, and other communications professionals is provided.

American Psychiatric Association

www.psych.org

Behavioral health related news, books, journals, an on-line CME program, featured topics and presentations, conferences and a “members only” corner.

American Psychiatric Nurses' Association

www.apna.org

This organization's mission is to advance psychiatric-mental health nursing practice, improve mental health care for culturally diverse individuals, families, groups and communities and shape health policy for the delivery of mental health services.

American Psychological Association

www.apa.org

The object of the American Psychological Association is to advance psychology as a science and profession and as a means of promoting health and human welfare. News and topics of interest to the psychology professional located here.

Center for Mental Health Services

www.mentalhealth.org

The Center for Mental Health Services (CMHS) Knowledge Exchange Network (KEN) provides information about mental health via a toll-free telephone number (800-789-2647), this web site and more than 200 publications. CMHS developed **KEN** for users of

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mental health services and their families, the general public, policy makers, providers, and the media. KEN also has information on Federal grants and conferences.

DANA Foundation

www.dana.org/brainweb

The Dana Alliance is a nonprofit organization of more than 200 pre-eminent scientists dedicated to advancing education about the progress and promise of brain research. Offers excellent information on depression, mood disorders, addiction, learning, aging, memory, sleep, head & brain injury and other related topics.

Depression and Related Affective Disorders Association

www.drada.org

DRADA's mission is to alleviate the suffering arising from depression and bipolar illness by assisting self-help groups, providing education and information, and lending support to research programs.

National Alliance for the Mentally Ill

www.nami.org

NAMI is a non-profit, grassroots, self-help, support and advocacy organization of consumers, families, and friends of people with mental illnesses, such as schizophrenia, major depression, bipolar disorder, obsessive-compulsive disorder, and anxiety disorders.

National Depressive and Manic-Depressive Association

www.ndmda.org

This organization's mission is to educate patients, families, professionals and the public concerning the nature of depressive and manic-depressive illnesses as treatable medical diseases; to foster self-help for patients and their families; to eliminate discrimination and stigma; to improve access to care; and to advocate for research toward the elimination of these illnesses.

National Foundation for Depressive Illnesses

www.depression.org

The National Foundation For Depressive Illness (NAFDI) was established in 1983 to provide public and professional information about Affective Disorders, the availability of treatment, and the urgent need for further research. The Foundation is committed to an extensive, ongoing public information campaign addressed to this pervasive, costly, and hidden national emergency.

National Mental Health Association

www.nmha.org/ccd/index.cfm

The National Mental Health Association is dedicated to promoting mental health, preventing mental disorders and achieving victory over mental illness through advocacy, education, research and service. Their goals include consumer advocacy, public education, research, and support of mental health services.

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The McArthur Initiative on Depression in Primary Care

www.depression-primarycare.org

The mission of the Initiative on Depression and Primary Care is to enhance a primary care physician's ability to recognize and treat depression. The purpose of this website is to provide PCPs with knowledge and tools that facilitate better care for depression.

The Robert Wood Johnson Foundation

www.rwjf.org/index.jsp

The Robert Wood Johnson Foundation is currently funding a five-year, \$12 million national program with the goal of increasing the use of effective models for treating depression in primary care settings.

Miscellaneous Sites

Medscape

www.medscape.com/homepage

The CEBMH website aims to support all mental health professionals in their everyday practice; providing a portal to high quality evidence based mental health information, as well as a range of teaching materials. The website also seeks to destigmatise mental health through the dissemination of user-friendly evidence based patient information.

Wellmed

www.wellmed.com

Wellmed tailors the content of its information to the individual needs of each user. The health information that WellMed delivers can also help people communicate their health care requirements more effectively to employers, health plans and care providers. Specific sites address mental health issues.